



EQUIPMENT LIST - ITEMS TO BRING

Remember that this is an adventure-based program. Please do not pack your best clothes, as they are likely to get quite dirty. Leave your phones and other similar electronic devices at home – there will not be time to use them! Bring your watch but leave other jewelry at home, as you will only have to take it off for activities anyway. We recommend clearly labeling equipment with your name. And finally, you will not need much spending money, so please don't risk losing it.

WHAT TO WEAR			
<input checked="" type="checkbox"/>	ITEM	QTY	DESCRIPTION
<input type="checkbox"/>	T-shirts / Long Sleeve Shirt	1	Quick-dry clothing is best
<input type="checkbox"/>	Shorts / Trousers	1	
<input type="checkbox"/>	Training or running shoes	1	For general land activities
<input type="checkbox"/>	Baseball cap / Sun hat	1	Essential personal protection
<input type="checkbox"/>	Warm Jacket	1	Weather dependent clothing

DAY BAG ITEMS			
<input checked="" type="checkbox"/>	ITEM	QTY	DESCRIPTION
<input type="checkbox"/>	Small backpack (25 liters)	1	School bag size with padded shoulder straps to carry during the day for activities
<input type="checkbox"/>	Water bottle (min. 1 liter capacity)	1	Should be filled with water!
<input type="checkbox"/>	Lunch and snacks	1	Bring your own lunch (e.g. Sandwiches, Japanese rice balls, Fig Bars)
<input type="checkbox"/>	Sunscreen	1	Waterproof and sweat-proof with SPF 30+ (Reef-safe sunscreen is best to avoid harming marine life)
<input type="checkbox"/>	Insect repellent	1	
<input type="checkbox"/>	Waterproof jacket / poncho	1	Lightweight is best (non-disposable ponchos)
<input type="checkbox"/>	Hand sanitizer & spare face mask	1	

WATER ACTIVITIES			
<input type="checkbox"/>	Swimming suit	1	
<input type="checkbox"/>	Rash guard & board shorts	1	Shoulders must be covered to protect from the sun
<input type="checkbox"/>	Water shoes / old trainers	1	Must be closed toe and closed heel to protect feet

Missing some items from the kit list?

APA Outdoor Shop is a one-stop shop that has all the clothing, gear and equipment necessary for your program. As a participant of APA youth programs, all students (and their parents) have automatic access to our membership discounts as well as up to **50% OFF** on exclusive special deals and packages. In addition, **free shipping** on all online orders!

We value the safety of every student on APA programs and want you to have the best experience with the proper gear and equipment. Local weather conditions can change quickly so do make sure you watch the weather reports and adjust your Equipment List requirements accordingly. Our staff at the shop look forward to meeting you all and are ready to answer any questions.



Scan the QR Code to see our **YOUTH SPECIALS**

- Use code **APAEXTRA** for **20% OFF** exclusive products.
- Use code **SPRING23** for **10% OFF** the 'entire store'.
- Up to **50% OFF** exclusive special bundles and packages.
- Click on the picture of the bundle(s) you like to activate the deal.
- Spend over **\$500** and receive a **FREE** Shoe Bag (limited stock!)

Please visit our store near Wong Chuk Hang MTR Station, APA Outdoor Shop, 16A Gee Chang Hong Centre, 65 Wong Chuk Hang Road, HK Island. Stree parking available on Tong Bin Lane.

Shop Hours, **Mon - Fri 11AM - 7PM** and **Weekends & Public Holidays 11AM - 6PM**.
 For other gear enquiries, please email, customer@apaoutdoorshop.com, Whatsapp +852 9863-0017 or call +852 3153 4091.